



MAY IS MENTAL HEALTH AWARENESS MONTH

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UPCOMING TABLING ACTIVITIES FOR THE MONTH

MAY 1

WELLNESS WEDNESDAY

Student Health Center | 1:00PM-3:30PM

Topic: Preparing for Finals Week

MAY 2

THRIVING THURSDAY

Student Health Center | 2:00PM-4:00PM

Preparing for Finals Week

MAY 6

MENTAL HEALTH MONDAYS

Student Health Center | 10:30AM-12:30PM

Topic: Stress Management

MAY 7

KICK THE STIGMA

LSU East Walkway | 1:00PM-3:30PM

Topic: Stress Management

MAY 8

THRIVING THURSDAYS

LSU DHX | 12:00PM-3:00PM

Topic: Stress Management