



CITY OF CARSON

# ***Mental Health Forum***

## ***Support for every generation!***

Saturday, May 18, 2024 • 9:00 a.m.-1:00 p.m.

### ***CARSON EVENT CENTER***

801 E. Carson St.  
Carson, CA 90745

### ***PRESENTATIONS INCLUDE:***

Trending mental health topics for all ages including: Warning signs, Preventative Care, Cognitive Wellbeing, and Current Research.

### ***RESOURCES INCLUDE:***

Mobile Vaccines, Mental Health Wellness, Nutrition and Screenings.

### ***SCAN TO REGISTER:***



Free health screenings and educational resources.

Continental breakfast included.

Pre-registration is required via ActiveNet.



For further information, please call (310) 952-1782 ext. 1671 or 1471