



# THE LOVE LAB

## SUPPORT GROUP

In order to have healthy relationships, we need to cultivate the capacity to love. Join this weekly group to discuss love in all its forms, recognize barriers to openness, identify your values, understand attachment styles, and develop the skills needed to participate in nurturing connections.

### **THIS GROUP MEETS WEEKLY**

Tuesdays, 2:30 PM- 3:30 PM  
Beginning September 17, 2024

In the Student Health Center  
(SHC A-129)

### **FACILITATED BY**

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**TO REGISTER  
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