

Important Contacts

On-Campus Police:

Emergency: 911

Non-emergency: (310) 243-3639

Location: Welch Hall B100

Bookstore:

(310) 243-3829

Library:

(310) 243-3696

Monday - Thursday: 8:00 am - 11:00 pm

Friday: 8:00 am - 5:00 pm

Saturday: 9:00 am - 5:00 pm

Financial Aid:

Phone: (310) 243-3691

Email: finaid@csudh.edu

Admissions Office:

(310) 243-3645

Student disAbility Resource Center:

(310) 243-3660

Email: dss@csudh.edu

Spectrum (Cable/Internet):

(844) 757-2826

STUDENT ESSENTIALS

Everything You Need...and More!



BANKS

Bank of America

870 E. Del Amo Blvd., Carson, CA
Phone: (800) 432-1000

Chase

20710 S. Avalon Blvd., Carson, CA
Phone: (310) 538-1461

Schools Federal Credit Union

20101 Hamilton Ave. #150, Torrance, CA
Phone: (310) 632-0100

U.S. Bank

1299 Artesia Blvd., Gardena, CA 90248
Phone: (310) 243-6880

Wells Fargo

18005 S. Avalon Blvd., Carson, CA
Phone: (310) 516-6900

MOBILE PROVIDERS

AT&T

20810 S. Avalon Blvd., Carson, CA
Phone: (310) 225-3028

Sprint

20769 S. Avalon Blvd., Carson, CA
Phone: (310) 515-7020

T-Mobile

20700 S. Avalon Blvd., Carson, CA
Phone: (310) 527-6421

Verizon

20820 S. Avalon Blvd., Carson, CA
Phone: (310) 329-9325

HEALTH & WELLNESS

24-Hour Fitness

945 E. Dominguez St., Carson, CA
Phone: (310) 323-1424
<https://www.24hourfitness.com/Website/Club/00192>

Carson CrossFit

20720 Leapwood Ave., Carson, CA
Phone: (530) 629-6886
<https://carsoncrossfit.com/>

Carson Dental Care

240 W. Carson St., Carson, CA
Phone: (310) 549-5580

CVS Pharmacy

20700 S. Avalon Blvd. #700, Carson, CA
Phone: (310) 819-3012

GNC

20700 S. Avalon Blvd. #190, Carson, CA
Phone: (310) 327-5836

Harbor-UCLA Medical Center

1000 W. Carson St., Torrance, CA
Urgent care: (310) 222-2345

Kaiser Permanente

18600 S. Figueroa St., Gardena, CA
Phone: (800) 780-1230

Kaiser Permanente

* Optometry available at this location *
15446 S. Western Ave., Gardena, CA
Phone: (800) 780-1230

Target Pharmacy

20700 S. Avalon Blvd., #700, Carson, CA
Phone: (310) 819-3012

Vitamin World

20700 S. Avalon Blvd., B18, Carson, CA
Phone: (310) 965-0531

Walmart Pharmacy

20226 S. Avalon Blvd., Carson, CA
Phone: (424) 233-3319

ACTIVITIES

AMC Del Amo 18 Movie Theater
3525 W. Carson St., #73, Torrance, CA
Phone: (310) 921-2046

Aquarium of the Pacific
100 Aquarium Way, Long Beach, CA
Phone: (562) 590-3100

Belmont Veterans Memorial Pier, Long Beach
15 39th Place, Long Beach, CA

Bowlero Torrance
21915 S. Western Ave., Torrance, CA
Phone: (310) 328-3700

Cinemark Movie Theater
20700 S. Avalon Blvd., Carson, CA
Phone: (310) 323-0394

Gardena Bowling Center
15707 Vermont Ave., Gardena, CA
Phone: (310) 324-1244

Gardena Cinema Movie Theater
14948 Crenshaw Blvd., Gardena, CA
Phone: (310) 217-0505

Go Kart World
21830 Recreation Rd., Carson, CA
Phone: (310) 834-3700



K1 Speed
9038 S. Vermont Ave., Gardena, CA
Phone: (310) 532-2478

LA Galaxy Home Games
18400 S. Avalon Blvd., Carson, CA
Phone: (877) 3-GALAXY

ACTIVITIES

Laugh Factory
151 S. Pine Ave., Long Beach, CA
Phone: (562) 495-2844

Marc Johnson Skate Plaza
1235 W. 179th St., Gardena, CA

Redondo Beach Pier
121 W. Torrance Blvd., Redondo Beach, CA



Shoreline Village
429 Shoreline Village Dr., Long Beach, CA
Phone: (562) 435-2668

Silverado Skate Park
1545 W. 31st St., Long Beach, CA
Phone: (562) 570-1675

The Skating Edge Ice Arena
23770 Western Ave., Harbor City, CA
Phone: (310) 325-4474

Sky Zone Trampoline Park
1625 W. 190th St., Gardena, CA
Phone: (310) 323-4500

Torrance Batting Cages
2300 Jefferson St., Torrance, CA
Phone: (310) 320-2243

Venice Beach Boardwalk
1800 Ocean Front Walk, Los Angeles, CA

Watts Towers Arts Center
1727 E. 107th St., Los Angeles, CA
Phone: (213) 847-4646

GROOMING

Platinum Style (barbershop/hair salon)
20220 S. Avalon Blvd., Suite C
Carson, CA
Phone: (310) 851-9450

Kevin's Nails
18509 S. Avalon Blvd., Carson, CA
Phone: (310) 532-3816

The Nail Shop
860 E. Carson St., Suite 103, Carson, CA
Phone: (310) 835-1387

FURNITURE DONATION

Habitat for Humanity
<http://www.habitatla.org/restore/donate-items/>

Goodwill
<https://www.goodwillsocal.org/donate>

Donation Town
<http://www.donationtown.com/donation-pick-up.html>

RECYCLING

SA Recycling
<http://www.sarecycling.com/>

All Green Recycling
allgreenrecycling.com/electronics-recycling-carson-ca/



GROCERIES

Albertson's

110 E. Carson St., Carson, CA
Phone: (310) 835-6402

Amazon Fresh

Online Grocery Service for Amazon Prime users
HOME DELIVERY: <https://www.amazon.com/fresh>

Carson Certified Farmer's Market

South Bay Pavilion Parking Lot
20700 S. Avalon Blvd., Carson, CA
Thursdays, 9:00 am - 2:00 pm

Food 4 Less

1299 Artesia Blvd., Gardena, CA
Phone: (310) 768-3095

La Venadita Meat Market

22035 S. Main Street, Carson, CA
Phone: (310) 830-7099

Ralphs

650 E. Carson St., Carson, CA
Phone: (310) 518-4191

Seafood City: Filipino & Asian goods

131 W. Carson St., Carson, CA
Phone: (310) 834-9700

GROCERIES

Target

20700 S. Avalon Blvd. #700, Carson, CA
Phone: (310) 819-3012

Trader Joe's

4210 Long Beach Blvd., Long Beach, CA
Phone: (562) 422-1020

Trinity African General Store

663 E. University Dr., Carson, CA
Phone: (310) 948-9123

Vons

1260 W. Redondo Beach Blvd., Gardena, CA
(310) 767-7920

Walmart Neighborhood Market

20226 S. Avalon Blvd., Carson, CA
Phone: (424) 233-3317

WinCo Foods

3400 E. South St., Lakewood, CA
Phone: (562) 529-5658

99 Cents Only Store

619 E. University Dr., Carson, CA
Phone: (310) 532-0423

SHOPPING

Del Amo Fashion Center

3525 W. Carson St., Torrance, CA
Phone: (310) 542-8525



Del Amo Plaza

2787 E. Del Amo Blvd., Compton, CA
Phone: (310) 762-6262

Ikea

20700 S. Avalon Blvd., Carson, CA
Phone: (888) 888-4532



SouthBay Pavilion

20700 S. Avalon Blvd., Carson, CA
Phone: (310) 366-6629

Target

20700 S. Avalon Blvd., #700, Carson, CA
Phone: (310) 819-3012



LOCAL DINING

Big Burger

17940 S. Avalon Blvd., Carson, CA
Phone: (310) 532-3715

Carl's Jr.

17450 S. Avalon Blvd., Carson, CA
Phone: (310) 323-6855

Carson Buffet

880 E. Dominguez St., Carson, CA
Phone: (310) 324-3688

Dandy Lion Restaurant

18902 S. Avalon Blvd., Carson, CA
Phone: (310) 327-9150

Del Taco

17504 S. Avalon Blvd., Carson, CA
Phone: (310) 515-6479

Denny's

600 Carson Plaza Dr., Carson, CA
Phone: (310) 532-6106

Domino's Pizza (delivery available)

633 E. University Dr., Carson, CA
Phone: (310) 516-9800

El Burro Tacos

17401 S. Avalon Blvd., Carson, CA
Phone: (310) 217-0007

El Pescador

17421 S. Avalon Blvd., Carson, CA
Phone: (310) 327-3774

Family Fish Market

18503 S. Avalon Blvd., Carson, CA
Phone: (310) 515-5352

Fatburger

501 E. Albertoni St., Carson, CA
Phone: (310) 225-5535

Flame Broiler

17535 S. Central Ave., Carson, CA
Phone: (310) 635-2188

The Green Olive

855 W. Victoria St., Compton, CA
Phone: (310) 603-2203

Hong Kong Express

671 E. University Dr., Carson, CA
Phone: (310) 719-8832

IHOP

21716 S. Avalon Blvd., Carson, CA
Phone: (310) 830-5872

Jack in the Box

319 E. Albertoni St., Carson, CA
Phone: (310) 217-0882

KFC

18401 S. Avalon Blvd., Carson, CA
Phone: (310) 532-2970

Louisiana Fried Chicken

677 E. University Dr., Carson, CA
Phone: (310) 532-5394

M & M Soul Food

335 E. Albertoni St., Carson, CA
Phone: (310) 324-5317

McDonalds

20315 S. Avalon Blvd., Carson, CA
Phone: (310) 329-6085

My Father's Barbeque

637 E. University Dr., Carson, CA
Phone: (310) 817-4166

Ono Hawaiian BBO

501 E. Albertoni St., Carson, CA
Phone: (310) 965-0188

Orleans & York Deli

673 E. University Dr., Carson, CA
Phone: (310) 324-3100

Pacific Noodle House

901 W. Victoria St., Compton, CA
Phone: (310) 669-8221

Panda Express

501 E. Albertoni St., Carson, CA
Phone: (310) 329-9872

Pho King Way Noodles & Grill

940 E. Dominguez St., Carson, CA
Phone: (310) 327-5464

Pizza Hut (delivery available)

20377 S. Avalon Blvd., Carson, CA
Phone: (310) 324-1102

PJ's Grill Burgers & Dogs

675 E. University Dr., Carson, CA
Phone: (310) 851-4977

R & R Soul Food

18427 S. Avalon Blvd., Carson, CA
Phone: (310) 715-6716

Shakey's Pizza Parlor

665 E. Del Amo Blvd., Carson, CA
Phone: (310) 327-2570

Sizzler

20755 S. Avalon Blvd., Carson, CA
Phone: (310) 532-2400

SouthBay Pavilion

20700 S. Avalon Blvd., Carson, CA
Dining Options include: Panda Express, Chili Verde, Olive Garden, Wing Stop, Buffalo Wild Wings, Norm's, Chili's, Hot Dog On A Stick, Five Guys Burgers and Fries, SmashBurger, Panera Bread, San Sai Japanese Grill, Jamba Juice, Yogurtland

Starbucks

335 E. Albertoni St., Carson, CA
Phone: (310) 516-6449

Starbucks

1929 W. Artesia Blvd., Compton, CA
Phone: (310) 608-5364

Subway

17401 S. Avalon Blvd., Suite D2
University Square Shopping Center, Carson, CA
Phone: (310) 516-9119



MOBILE PROVIDERS

AT&T
20810 S. Avalon Blvd.
Carson, CA
Phone: (310) 225-3028

Sprint
20769 S. Avalon Blvd.
Carson, CA
Phone: (310) 515-7020

T-Mobile
20700 S. Avalon Blvd.
Carson, CA
Phone: (310) 527-6421

Verizon
20820 S. Avalon Blvd.
Carson, CA
Phone: (310) 329-9325



TRANSPORTATION

Student Transportation (Rideshare)
<https://www.csudh.edu/rideshare/student-info/index>

Zip Car
<https://www.csudh.edu/rideshare/zipcar/index>

Toro Express Shuttle
<https://www.csudh.edu/rideshare/toro-express/index>

LA Metro
<https://www.metro.net/>

Long Beach Transit
<https://ridelbt.com>

CAMPUS FOOD & SHELTER RESOURCES

Toro Pantry
Locations:
Office of Student Life
Loker Student Union, Room 121
Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.
Phone: (310) 243-2081
Email: osl@csudh.edu

Women's Resource Center
Small College Complex, SCC-148
Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.
Phone: (310) 243-2486
Email: womensctr2@csudh.edu

211 LA County
<https://www.211la.org/>

LA County Department of Social Services
17600 S. Santa Fe Ave.
Compton, CA 90221
(310) 761-2000
Hours: 8 am - 5 pm

UNIVERSITY HOUSING SERVICES

CSUDH Housing Services
1100 E. Victoria St.
Carson, CA 90746
Phone: (310) 243-2228
Fax: (310) 516-4275
Email: housing@csudh.edu



Office Hours:
Building A
Monday - Friday: 8 am - 8 pm
Closed Saturday & Sunday

Building X
Monday - Friday: 8 am - 5 pm
Closed Saturday & Sunday

