



Crisis Recovery

Are you coping with a crisis situation? LifeMatters is available to provide resources for a variety of concerns that could impact a person's safety, wellbeing, and ability to work. Examples of crisis situations that LifeMatters could assist with include:

- Fire, flood, or other natural or man-made disaster
- Food insecurity
- Housing instability
- Unemployment or decrease in income
- Risk of eviction or foreclosure
- Loss of power, water, or heat
- Inability to cover basic expenses
- Pest control or structural damage issues to a home or rental unit
- Lack of affordable or accessible child or elder care, including special needs care
- Major illness or medical crisis



- Domestic violence, including location of shelters and development of a safety plan
- Loss of health insurance or access to affordable health services
- The personal impact of a violent incident
- Funeral assistance

How to Access Services

- Call 1-800-367-7474.
- Ask to speak with a counselor about your situation.
- The counselor will provide referrals to resources to address your immediate needs, such as legal or financial consultation or community resources.

LifeMatters is available to help you address both crisis needs and to assist with preventing or mitigating a difficult or unstable situation. We're here to help. Call anytime.



1-800-367-7474

Assistance with Life, Work, Family, and Wellbeing
mylifematters.com • 24/7/365 • CRS TTY: 711

Call collect to **262-574-2509** if outside of North America

Language assistance services in your preferred spoken and written languages are available at no cost by calling 1-800-367-7474.

