

OCCUPATIONAL THERAPY



CSUDH

CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS



Back from a two; year hiatus, the CSUDH OT “News and Events” newsletter is back, starting with this centennial edition of the year 2017 in review. This also celebrates the profession’s 100th year, the birth of the American Occupational Therapy Association (formerly, the National Society for the Promotion of Occupational Therapy).

The newsletter is back.

In each edition, this newsletter will highlight the events in the Department of Occupational Therapy here at California State University Dominguez Hills, such as:

- Welcome to the new cohort
- Red Shirt Ceremony
- Research Day
- Graduation Banquet and Commencement

Along with the latest news from the:

- Student Occupational Therapy Association (SOTA)
- Pi Theta Epsilon (PTE)
- ICOT (Integrating Cultures through Occupational Therapy)

Additionally, exciting happenings in our profession from the:

- Occupational Therapy Association of California (OTAC)
- American Occupational Therapy Association (AOTA)
- World Federation of Occupational Therapist (WFOT)
- California Board of Occupational Therapy (CBOT)
- National Board for Certification in Occupational Therapy (NBCOT)



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JANUARY 2018

WELCOME NEW COHORT

Orientation of Cohort 14



Orientation of Cohort 14

By: Ryan Kohl

**Welcome to CSUDH
Cohort 14, we are
excited for all you
will accomplish!**

On Friday, January 12th, the CSUDH MSOT Program welcomed the 14th cohort to the beginning of their program! Students from C13 got to know their new classmates through interesting conversation and ice-breakers. The SOTA E-Board presented a fun and yet informative video with advice for the new cohort. C14 also had a chance to meet their advisors as well as faculty and staff who visited orientation. Dr. Terry Peralta-Catipon guided C14 through the handbook followed by a series of presentations from campus representatives. The day was wrapped up with a campus tour guided by C13!

COHORT 14

RED SHIRT CEREMONY

Preparation for Fieldwork



Cohort 14 officially transitioned into their fieldwork experiences by way of participating in the 2018 Red Shirt Ceremony on April 9th. This cohort had the honor of being the first to receive and don the university's newest logo. Words of experience and encouragement were shared by Valerie Rincon of Cohort 13, followed by some basic review of procedures from Level I Fieldwork, and then a brief overview of how to successfully transition from the classroom into clinical practice. Faculty and staff were present to celebrate this milestone with the students and provide preparatory education. Zurit Horowitz from C14 took the stage briefly to introduce the "cohort" theme song, *Don't Stop Me Now* (Queen, 1978). There really is no stopping them now! Congratulations C14!

BY: DR. HEATHER KITCHING

OTAC SPRING SYMPOSIUM

STUDENT - ALUMNI EVENT



**ALONE WE CAN DO SO LITTLE; ”
TOGETHER WE CAN DO SO MUCH.**

- Helen Keller

Students, faculty, and alumni gathered together at the OTAC Spring Symposium in San Diego for an evening of good food, amusing stories and great opportunities to share ideas with one another.



GRADUATION BANQUET

By: Dr. Terry Peralta- Catipon

On May 16, 2018 the night before commencement, 200 students, staff, faculty, friends, and family gathered together at Loker Student Union Ballroom to celebrate the MSOT Cohort 12 graduating class of 2018. It was a night full of reminiscing and inspiring messages to commemorate their two and a half years of hard work, fun, and accomplishments in the program.

WE ALSO CONGRATULATE & RECOGNIZE STUDENTS ON THEIR ACHIEVEMENTS:

Creativity & Community Service:

Samantha Gruen
Kaylynn Esguerra
Daniella Tarankow
Chelsea Oshimo

Most Inspirational:

Kaylynn Esguerra
Daniella Tarankow

Academic Excellence:

Claire Morgan
Bethany Valencia

Leadership & Professionalism:

Kaylynn Esguerra
Lauren Santiago
Kristina Steinbruner
Stephanie Evangelist
Claire Morgan
Chelsea Oshimo
Annette Lopez
Dala Ahdab

Fieldwork Recognition:

Abe Kim
Merrily Kester
Shannon Moy
Stacey Tsuboi
Michelle Branchini

OCCUPATIONAL THERAPY ADVOCACY MEETING

BY: DR. HEATHER KITCHING



CSUDH OT welcomed AOTA Vice-President, Shawn Phipps, to campus on January 18, 2018.

The advocacy event was one of the first in a series the department hopes to continue in collaboration with the student clubs. Twenty-six persons were in attendance, including some of our community-based partners and practitioners, to hear Dr. Phipps present the AOTA Vision 2025 for our profession.

The presentation was interactive as Dr. Phipps asked for commentary and participation in shaping each of the pillars of practice embedded in the vision. Dr. Phipps's term as AOTA Vice President concluded June 30, 2018; however, his role in crafting Vision 2025 was instrumental in setting the course for the current fiscal year. He is currently serving as one of two representatives from California in the AOTA Representative Assembly along with Dr. Bill Wong and is a former member of the CSUDH OT faculty.

**REBECCA
HAWKINS-
GONZALEZ**

WELCOME TWINS,
MEET SANTIAGO & NORA



Congratulations!

AOTA CONFERENCE

BY: DR. YAN-HUA HUANG

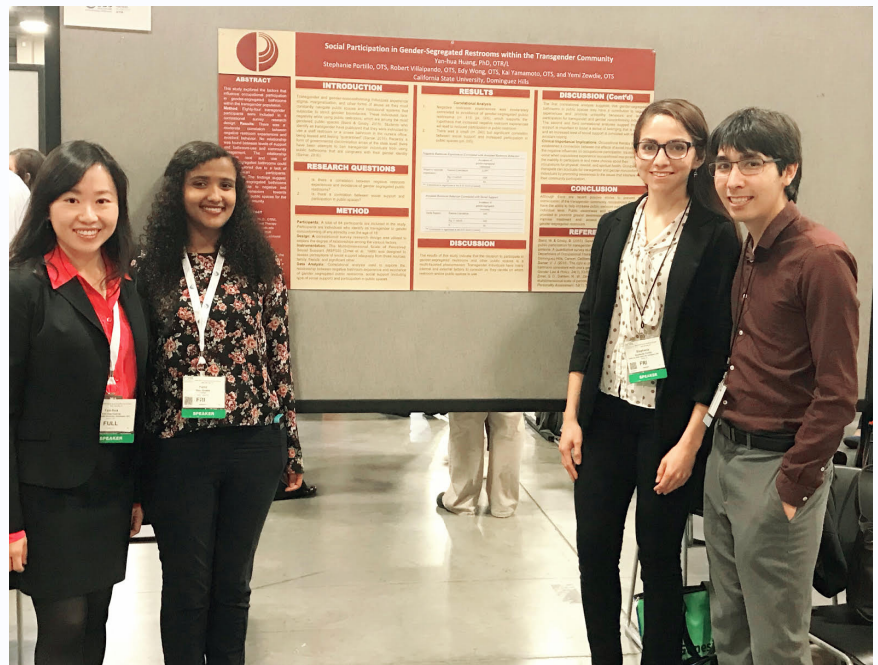


Dr. Yan-hua Huang and three 2nd year graduate students presented at the 2018 conference of the American Occupational Therapy Association in Salt Lake City, UT.

It has been an honor to have an average of two student groups presented with me at the AOTA conference each year since 2016. GO TOROS!

Huang, Y.-H., Peyton, C., Wederich, L. (April 2018). Occupational Therapists' and Social Workers' Knowledge and Attitudes Toward Sex Trafficking. Poster presented at the 2018 AOTA Annual Conference & Expo, Salt Lake City, UT, USA.

Yan-hua Huang, Yemesrach Zewdie, Kai Yamamoto, Stephanie Wong, Edy Wong, Robert Villalpando (April 2018). Social Support and Participation in Gender-Segregated Restrooms and Public Spaces in Transgender Individuals. Poster presented at the 2018 AOTA Annual Conference & Expo, Salt Lake City, UT, USA.



In a picture from left to right: Dr. Yan-hua Huang, Yemi Zewdie, Stephanie Portillo, Kai Yamamoto

PTE INDUCTION CEREMONY

COHORT 14



On August 8th, 2018 Pi Theta Epsilon, Gamma Gamma Chapter, was pleased to induct 17 new members from Cohort 14 into the honor society in the chapter's annual induction ceremony. The inductees are listed as follows: Lindsey Renee Coberly, Briana Davidson, Beverly Dovan, Christine Hemelians, Angela Ichikawa, Shawn Kim, Rachel Lim, Vanessa Montes, Allison Oseas, Loree Trang Pham, Suk Yi Chloe Poon, Marie Victoria Reyes, Eunice Rhee, Vikavatdei Sisowath, Sylvia Wong, Nicole Villaescusa, and Kendira Villalobos. Each member was congratulated for his or her academic achievement, and took an oath to uphold the purposes of the honor society such as contributing to scholastic excellence for all occupational therapy students and advancing the field of occupational therapy through scholarly activities. We have no doubt that these new inductees will hold many wonderful events to contribute to the scholarship of CSUDH occupational therapy students, alumni, and local practitioners. In addition, we look forward to these inductees representing the Gamma Gamma chapter at national occupational therapy events throughout 2018 and 2019!

**PI
THETA
EPSILON**



BOYS & GIRLS CLUB

This is one of two sites who hosted our C14 students for their Level I Fieldwork experience. The students were able to interview at-risk teens and then complete group treatment plans. Initially, the teens were hesitant to interact with our C14 students, but after they experienced the first week of group activities, they were enthusiastic and looked forward to our visits. When asked, the teens reported that their favorite groups were the healthy snack groups. Teens who had never eaten sushi before were taught to make veggie sushi rolls and then enjoyed eating them.



VISIT TO CVC

We packed up and moved our class to Century Villages at Cabrillo, CVC village where over 1600 people live that were formerly homeless. Students took a tour and listened to presentations related to the challenges and barriers faced by the residents. Students were also able to hear from CVC residents, including teens and members of the American Indian Changing Spirits recovery program, who discussed the trauma experienced during their adolescent years and how OT has assisted them in overcoming barriers and transitioning to a new life story.



SENSORY DAY

Our C14 students studied adolescent interventions in OTR 519 during the summer. They learned about the Sensory Integration frame of reference. As a part of this approach, they experienced hands on how sensory input is an evidence based practice of Occupational Therapy which can be calming for adolescents who have difficulty with self-regulation.



OTR 519 & 521

In OTR 521, C14 students learned about the conditions that adolescents might experience and how OT can be effective for these conditions. In OTR 519, they learned about the interventions that may be used to help adolescents with these conditions. Pictured here are students leading a yoga intervention which could be used as a classroom intervention to improve self-regulation, balance, and more.

PINNING CEREMONY



”

Put your heart,
mind, and soul
into even your
smallest acts.
This is the secret
of success.

-Swami Sivananda

COHORT 13 STARTS A NEW JOURNEY

BY: DR. TERRY PERALTA - CATIPON

On September 7, 2018, upon completion of a day-long Comprehensive (capstone) Examination, 66 students of Cohort 13 were joined by 12 OT Faculty and Staff for the Annual Pinning Ceremony at Club 1910.

The tradition consists of dinner and faculty send-off messages to students as they soon embark on their first full-time Level II Fieldwork experience.

The presentation of the CSUDH pins to each student symbolizes the program's pride and confidence in how MSOT students have represented CSUDH as stellar interns at various clinical affiliations in the community.

SPRING 2018

COMMENCEMENT

CALIFORNIA STATE UNIVERSITY DOMINGUEZ HILLS









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SPECIAL THANKS

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Note: Submissions are subject to editorial discretion.
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