

Occupational Therapy Newsletter

CALIFORNIA STATE UNIVERSITY DOMINGUEZ HILLS

College of Health, Human Services, and Nursing



Phi Theta Epsilon Induction Ceremony

By Rachel Fein, MSOT '16

On Thursday, July 10th, Pi Theta Epsilon Honors Society welcomed its newest members in Cohort 10. With family, friends, and faculty present, new members participated in an induction ceremony led by faculty advisor Dr. Peralta and the outgoing PTE executive board. The evening's program consisted of a video presentation highlighting new members, followed by a formal PTE induction and of course, plenty of pictures. Thank you to Cohort 9 for putting on a memorable evening for all.



California State University Dominguez Hills
1000 East Victoria Street · Carson, CA
9 0 7 4 7

Summer 2014
Volume 2, Issue 2

CSU Dominguez Hills

MS Occupational Therapy Newsletter



4



4



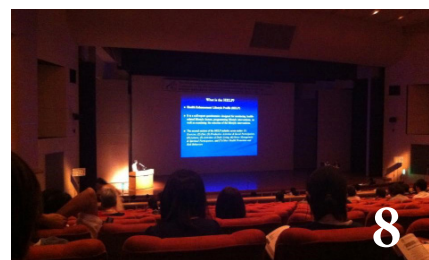
5



6



6



8

Inside this issue...

4 OT Students Sell Peaches
OT fieldwork students sell farmers market produce at CSUDH with proceeds to benefit Vets.

4 Cohort 9 finishes their last didactic semester
After finishing 5 semesters, C9 is off to Fieldwork II

5 OT Students at Banneker
Students complete first fieldwork LAUSD partnership with CSUDH

6 OT Students Volunteer at Ocean Therapy
Students spend time learning about OT at the surfside

6 OT Students at Life Rolls on
OT Students volunteered their time at Venice beach for the "They Will Skate Again" event

8 Dr. Eric Hwang at WFOT
presents his HELP Lifestyle Screening tool in Japan

The Real Challenge: A Personal Note,
MSOT Information Sessions 3

Dr. Eric Hwang International Guest
Lectures and Presentations 8

MOA Farmers Market to Benefit Homeless
Veterans & Cohort 9 Finishes Semester 5..... 4

OTAC Awards issued to AFWC and OT
Student & Presentations at the OTAC
Annual Conference 9

New PTE Officers, Banneker LAUSD and
CSUDH OT Fieldwork Partnership, New SOTA
Representatives Announcement..... 5

Life Rolls On, SOTA Last Day of Summer
Semester Happy Hour,
Ocean Therapy Program 6

Dr. Yan-hua Huang presents at International OT
Conferences, Julie Werner, OTR/L is issued a grant
from CHLA 10

Cohort 9 Pinning and Send-Off Ceremony,
CSUDH Receives OTAC Certificate for 2017,
Rose Parade Float 7

Dr. Iwama visits CSUDH 11
Upcoming Events 12

The Real Challenge: A Personal Note



By: Dr. Terry Peralta-Catipon, Ph.D., OTR/L, MSOT-
Department Chair and Program Director

In 2012, at age 27, Pete Frates, was diagnosed with ALS (Amyotrophic lateral sclerosis). The former Boston College baseball star is the inspiration behind the ALS Ice Bucket Challenge. As described in an ESPN Boston Feature, although Pete has recently lost his voice, “thanks to the power of social media, Frates now has thousands of voices speaking on his behalf. Each ALS Ice Bucket Challenge video posted to Facebook, YouTube, Twitter or dozens of other websites brings another voice to the cause, continually raising awareness of this devastating disease” (http://espn.go.com/boston/story/_/id/11366772/in-als-fight-pete-frates-message-loud-clear-ice-bucket-challenge). Watch ESPN’s feature on the story behind the Ice Bucket Challenge: http://www.youtube.com/watch?v=yCoKB_tU9ng

On a personal note, taking on this challenge was humbling and quite inspiring. Pouring ice water on my head was not something I would typically do, more so posting it on social media for the world to see. And, having worked with individuals with ALS, I am inspired by people who do not succumb into helplessness even when inflicted by a debilitating disease. Much more so, when they take on the challenges of life and using it for a greater purpose.

I have not heard of the ALS ice bucket challenge at the time when I was nominated. Little did I know that in just a couple days after dousing myself, it would go viral. Although it has generated some controversies, this undertaking has definitely been successful in generating greater awareness as well as raising funds for research and support to people living with the condition. As of August 29, the Association has re-

ceived \$100.9 million in donations compared to \$2.8 million during the same time period last year (<http://www.alsa.org/news/es/ice-bucket-challenge-082914.html>).

Hopefully someday, attention and funding for many other less understood diseases be possible without having to utilize creative avenues, such as social media. And in reflection, keeping light-hearted optimism day-to-day, amid a political, and at times, skeptical world is the real challenge I face.

Occupational Therapy Newsletter

Editors: Dr. Terry Peralta, Melissa Jazmines-Broersma, and Patricia Suarez

Contributors: Dr. Terry Peralta, Rachel Fein, Lisa Langford, Dr. Eric Hwang, Dr. Yan-hua Huang, Julie Werner, OTR/L, Lisa Denice Langford, MA, Ed., Laura Perez, Kristine Laird, Cassandra Duwe, Katharine Henderson, Justine Escobar, Stephanie Wagner, and Sammi Itaya

Photos: Dr. Terry Peralta, Patricia Suarez, Melissa Jazmines-Broersma, Cassandra Duwe, Stephanie Wagner, Rachel Fein, Dr. Eric Hwang, Samuel Castrutia, and Kathleen Shanfield

MSOT Information Sessions

By: Lisa Denice Langford, MA, Ed.
The Department of Occupational Therapy will add six MSOT Information sessions for the upcoming academic year. If you are interested in becoming an OT but have not made your decision, this is the Information Session for you. Come and learn about the CSUDH Occupational Therapy program, and what it means to be an Occupational Therapist. No RSVP is required.

- Friday, November 7, 2014 1-3pm
- Saturday, February 21, 2015 10am-12pm
- Friday, April 24, 2015 11am-1pm
- Thursday, June 18, 2015 1-3pm
- Saturday, July 18, 2015 10am-12pm
- Friday, August 28, 2015 4-6pm

MOA Farmers Market to Benefit Homeless Veterans

By: Laura Perez, MSOT '15

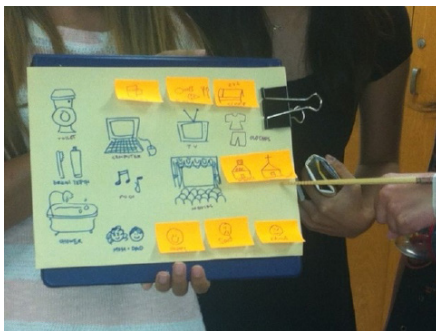
On June 30th, a group of C9 fieldwork students working with Susan Brislin, OTR/L of the Pan American MOA, held an on-campus farmer's market to benefit the Veterans garden at Cabrillo transitional housing. The beautiful organic fruit was donated by farmers at the Fresno Stone Fruit Jubilee and sold for donation to fellow students, faculty, and staff. The event was a great success, thanks in part to the tremendous support from Cohort 9 and 10. The students tripled the goal set for the event and raised \$300 in two hours! A big thank you to everyone who supported!



Cohort 9 Finishes Semester 5

By: Melissa Jazmines-Broersma, MSOT '09

Congratulations to the MS OT Class of '15! After working hard for 5 straight semesters it's time for the final haul of Fieldwork Level II. This past semester, Cohort 9 took a class with Professor Kathleen Shanfield entitled: Applications of Adaptive and Assitive Technology in OT. A majority of this course was held at Rancho Los Amigos and looked at both high and low tech in OT practice. One of the projects in the class was to create devices using everyday objects. The students were able to create items such as a headpointer, communication boards, and sock aids. This creative outside of the box skill will come in handy as an OT.



New Officer Announcement for PTE

By: Rachel Fein, MSOT '16

PTE would like to announce the new executive board and congratulate new members in C10!

President: Rachel Fein

Vice-president: Rose Golden

Secretary: Candace Chatman

Treasurer: Liz Allison

Fundraising Chair: Leila Deschuytter



Banneker LAUSD and CSUDH Fieldwork Partnership

By: Melissa Jazmines-Broersma, MSOT '09

Members of Cohort 10 completed their first fieldwork rotation this past summer at Banneker school, a Career Transitional Center of Los Angeles USD. This was the first time LAUSD and CSUDH partnered in this non-traditional setting. Fieldwork Educators included Jennifer Abdine, MSOT, '09 and Rachel Simkin, OTD. Students created interventions targeting the specific population. Students agreed that this was a unique learning opportunity and were excited to be a part of this new endeavor.



New C10 SOTA Representatives

By Cassandra Duwe, MSOT '16 and Katharine Henderson, MSOT '16

On behalf of Katie, we wanted to let you know that we have been elected as the new co-presidents for SOTA. We've met with Justine and Brandy to transition over and we are looking forward to this upcoming year! If anything comes up regarding SOTA or if there's anything we can do to help communicate with C10, please feel free to reach out to Katie and myself.



Announcing the new CSUDH SOTA Executive Board

By: Justine Escobar, MSOT '15

Cohort 9 CSUDH SOTA executive board would like to enthusiastically announce the new executive board for Cohort 10. We wish you the best of luck in the upcoming year and know that you will do a great job with social/volunteer events and fundraising. New CSUDH SOTA executive board members are as follows:

Co-presidents: Cassie Duwe and Katie Henderson

Vice President: Kristine Laird

Co-treasurers: Sasha Lucyga and Talina Minasian

Secretary: Divya Sakaria

Life Rolls On

By: Kristine Laird, MSOT '16

On Saturday July 19th the Life Rolls On “They Will Skate Again” event was held at the Venice Skate Park in Venice Beach, CA. The event provides an opportunity for people of all ages with spinal cord injuries that have varying degrees of mobility to show the world that this does not prevent them from doing some incredible moves at the skate park. CSUDH MSOT students volunteered at the event participating in set up, signing in skaters and families, providing security, assembling goodie bags, and handing out t-shirts. Our volunteer group included: Kristine Laird, Sasha Lucyga, Caleh Kim, Cassie Duwe, Catherine Chamberlin, Liz Allison, and Alexa Colburn. The event lasted all day, was free to the public, and included adaptive skating workshops and a competition. It was a great day to be part of such an inspiring organization!



SOTA Last Day of Summer Semester Happy Hour

SOTA gathered students at Barney’s Beanery August 15th to celebrate the end of summer and C9’s departure from academics. C10 and C9 shared stories, future hopes, and a lot of laughs.

Ocean Therapy Program

By: Stephanie Wagner, MSOT '15

Carly Rogers is the OT who started the Ocean Therapy program, but she’s passing it on to another OT named Erin. They teach surfing to veterans and disadvantaged kids (some of which have never even been to the ocean!). You see the most amazing things happen. Like a veteran who has been homeless for years splashing in the water and saying “This is making my PTSD go away, Carly!” You hear veterans report that they forgot their chronic pain that never goes away. The mornings consist of an opening circle with introductions and warm-up stretches and yoga. Then there’s an on-land lesson, and we help the vets into their wetsuits. Each participant is with a teacher one-on-one. There’s a surf session, followed by a discussion session (where you hear the amazing reports from the participants), followed by a second surf session and a second discussion session. The lessons we learn from the ocean, and how we apply them toward life are emphasized. That’s part of what makes it OT and not just surfing lessons.

This time, the VA had to cancel because their rec therapist was sick and no one could drive the vets. So we had only two lady vets as participants. We had possibly nearly 30 volunteers and teachers, so the teachers gave the volunteers free lessons. Everyone surfed and had a wonderful morning!



Pinning and Send-Off Ceremony

By: Melissa Jazmines-Broersma, MSOT '09

After 5 long didactic semesters and immediately following the Comp Exam and Presentations, Cohort 9 participated in the 1st Pinning Ceremony. The event was held on September 5th on the 5th floor of the library and was attended by Cohort 10 peers, family and friends, as well as the OT department staff and faculty. Dr. Diane Mayfield highlighted the cohorts achievement and gave words on encouragement as a send-off to Fieldwork level II. The students were then pinned by Dr. Terry Peralta and congratulated by the faculty. Congratulatory remarks were shared from Katie Henderson and Kristine Laird from Cohort 10. Brandy Brosius and Justine Escobar also shared congratulatory remarks to their fellow cohort. Following the event, members of Cohort 9 attended a sendoff party held off campus at Buffalo Wild Wings. A special thanks to Guy Witherspoon from the Library for securing the beautiful spot for our ceremony on campus and Hallmark Rehabilitation for sponsoring the send-off at Buffalo Wild Wings.



CSUDH Receives OTAC Certificate for 2017 Rose Parade Float

By: Sammi Itaya, MSOT '15

The Occupational Therapy Association of California's Centennial Vision Float Committee awards this certificate of Participation to CSU Dominguez Hills MSOT Students for their important contribution towards the OT Rose Parade Float and facilitating global connectivity with 100% participation in the "Students Coming Up Roses" Initiative. Sarah Bream, the coordinator for the Rose Parade float for OTAC stated: "Definitely a fantastic way to wrap up Occupational Therapy Month!! OTAC's Centennial Float Committee appreciates your support! If I am not mistaken, CSUDH has taken the lead across the country and is the FIRST OT Student Program that has accomplished this endeavor!! Again, we greatly appreciate your support!"

The Occupational Therapy Association of
California's Centennial Vision Float
Committee awards this Certificate of
Participation to

CSU, Dominguez Hills

for their important contribution towards the OT Rose Parade Float
and facilitating global connectivity with 100% participation in the
"Students Coming Up Roses" Initiative.

 _____ May 15, 2014
Date

Sarah Bream, OTD, MA, OTR/L
Chair—Ad Hoc Committee for 2017 Centennial
Vision Float

 _____ May 15, 2014
Date

Patricia Nagatani, PhD, OTR/L



Dr. Eric Hwang Guest Lectures and Presentations

Guest Lectures at Kyoto I-Ken College

On June 12 - 13, 2014 - Hwang, E. J.: The New Millennium: Emerging Practice Areas in Occupational Therapy. Kyoto I-Ken Medical and Health College, Kyoto, Japan, June 12, 2014.

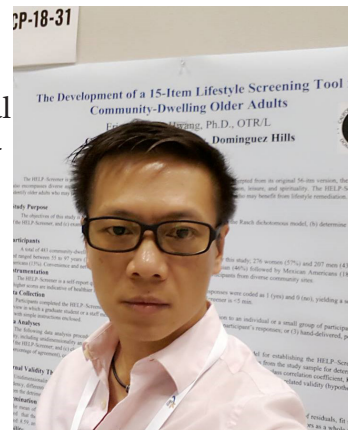
Hwang, E. J.: Aging in Place: Healthy Lifestyle Evaluation and Intervention Among Community Dwelling Older Adults. Kyoto I-Ken Medical and Health College, Kyoto, Japan, June 13, 2014.



Dr. Hwang Presents at WFOT

On June 18 – 19, 2014 Hwang, E. J.: The Development of a 15-Item Lifestyle Screening Tool for Community-Dwelling Older Adults. 16th International Congress of the World Federation of Occupational Therapists (WFOT) & the 48th Japanese Occupational Therapy Congress and Expo, Yokohama, Japan, June 18, 2014.

Hwang, E. J.: The Development of a Comprehensive Health-Related Lifestyle Measure for Community-Dwelling Older Adults. 16th International Congress of the World Federation of Occupational Therapists (WFOT) & the 48th Japanese Occupational Therapy Congress and Expo, Yokohama, Japan, June 19, 2014.



Peer Review Presentations

Hwang, E. J., Peyton, C. G., Kim, D. K., & Nakama, K. K., & Noble, A. E. (2014). Post-Deployment Driving Stress and Related Occupational Limitations Among Veterans of Operation Iraqi Freedom and Operation Enduring Freedom. *American Journal of Occupational Therapy*, 68(4), 386-394.
doi: 10.5014/ajot.2014.011668

Stein, F., & Hwang, E. J. (2014). Editorial: Occupational Therapy International, Evidence-Based Practice and Clinical Research. *Occupational Therapy International*, 21(1), 1-3.
doi: 10.1002/oti.1366

OTAC Awards and Presentations

Congratulations Dr. Diane Mayfield!

Dr. Diane Mayfield was awarded with the Fieldwork Educator Award. She will be presented with the award at the OTAC annual conference in Pasadena on Friday, October 17, 2014.



Congratulations Sammi Itaya!

Cohort 9, PTE President, Sammi Itaya, will be honored at conference with the Outstanding Student Award. She will be awarded at the OTAC Annual Event at Pasadena Hilton.



Cohort 9, PTE President, Sammi Itaya, will also be honored at conference with the Bonita Kraft Scholarship through CFOT. Bonita Kraft Scholarship is awarded to a student who is interested in mental health. She will be recognized at the Annual CFOT luncheon at OTAC Conference.



OTAC Presentations

Productivity Issues and the Fieldwork Student (3 PDUs)

Diane Mayfield, EdD, OTR/L;
Melissa Jazmines-Broersma, MS, OTR/L
Clinicians express commitment and dedication to the profession by taking fieldwork students. However, productivity issues make taking the fieldwork student extremely challenging. Strategies are presented to alleviate the stress, turning this into a win-win for everyone.

Assistive Technology Practice Today and in the Future (3 PDUs)

Kathleen Shanfield, MS, OTR/L, ATP
This course will cover the evaluation and matching of the individual with the proper equipment to allow access to computers, phones and remote controllers for the home. Current practice and equipment will be presented with hands on applications to real life cases. In addition, future methods of control such as brain computer interface, robotics and wearable technology will be presented with evidence and practical applications.

Driving Stress and Occupational Limitations Among OIF/OEF Returnees

Eric J.Hwang, PhD, OTR/L; Claudia G. Peyton, PhD, OTR/L, FAOTA; David K. Kim, MS, OTR/L; Kristine K. Nakama-Sato, MS, OTR/L; Amy E. Noble, MS, OTR/L

Samantha Itaya (C9) and Shelly Berger (C10) will be monitoring the following student track

Executive Functioning: How to Capture Higher-level Cognitive Barriers

Jennifer Weaver, MA, OTR/L, CBIS and Jessica Kersey, MS, OTR/L, CBIS
Difficulty with one's executive functioning can occur throughout all ages. Executive functioning allows us to use our past experiences to shape our ability to perform present action. It allows us to stay organized and plan our day. Some older adults have challenges in this area after going through an acquired brain injury. This presentation will focus on functional assessments and interventions to address skills for executive functioning.

Julie Werner, OTR/L is issued “Exploration of Cortical Sequelae of Neonatal Brachial Plexus Injury” Intramural Grant from Children’s Hospital LA

Neonatal brachial plexus injury occurs when nerve roots arising from the spinal cord are exposed to traction or compression forces during birth. Children with this type of birth injury are unable to partially or fully move and feel their affected arm. Although many children will make improvements with a combination of neurosurgery and occupational therapy, permanently decreased function of the arm is common. In addition to primary motor and sensory impairments from the injury, brain re-organization may also result when the brain does not receive sensory input from the arm and supply motor output in return. Rapid brain growth and a high potential for neuroplasticity during the first years of life mean that this is occurring during a critical period for intervention. In other words, these children’s brains never get a chance to learn to use their arm. Understanding how the brain changes in response to brachial plexus injury is important for targeting early therapeutic treatment and maximizing benefit from occupational therapy. This study will use structural and functional MRI to explore brain changes that occur following neonatal brachial plexus injury and is the first of its type to be conducted in children.

Yan-hua Huang, Ph.D., OTR/L Presents at International Occupational Therapy Conference

Huang, P-C., Huang, Y-H., Lin, K-C., Li, K-I., Wu, C-Y., & Chen, C-L. (2014, July). **Is the Adelaide Activities Profile valid and responsive in Stroke population?** Poster session presented at the 8th Occupational Therapist Union, ROC Conference 2014, Taichung, Taiwan.

Huang, Y.-H., John-Charles, K., Kuk, C., Petel, K., Owens, K., (2014, June). **Occupational Therapists’ Perspectives on Collaborative Relationships with Teachers**, Poster Presented at the 16th Congress of the World Federation of Occupational Therapists, Yokohama, Japan.

Huang, Y.-H., Peyton, C., Bolo, D., Park, S., Cohen, T., (2014, June). **Occupational Therapy Perception of Inter-professional Collaboration in the United States School Settings: A Pilot Study**, Poster Presented at the 16th Congress of the World Federation of Occupational Therapists, Yokohama, Japan.

For more information of the Master of Science in Occupational Therapy Program, please visit our newly designed website: <http://www4.csudh.edu/ot/>.



California State University Dominguez Hills
Department of Occupational Therapy &
Pi Theta Epsilon, Gamma Gamma Chapter

presents

Dr. Michael Iwama

Thursday, October 16, 2014

Time: 5:30pm - 6:30pm

Location: Claudia Hampton Hall, WH D165

With numerous publications and multiple national and international teaching and speaking engagements, Dr. Iwama, author of the Kawa Model, is well known for his contributions to culturally relevant occupational therapy.

Dr. Michael Iwama, Ph.D., OT(c) is Professor and Chair of the Department of Occupational Therapy at Georgia Regents University in Augusta, Georgia.

He is the keynote speaker at the upcoming Occupational Therapy Association of California (OTAC) Annual Conference in Pasadena, CA on October 17, 2014.



(for information regarding parking and directions, refer to <http://www4.csudh.edu/campus-map-directions/index> or contact the OT Department)

1000 E. Victoria Street, Carson, CA 90747, Department of Occupational Therapy (310) 243-2726

Rose Golden, CIO OTS

Upcoming Events

OTAC Alumni Event and Expo Booth

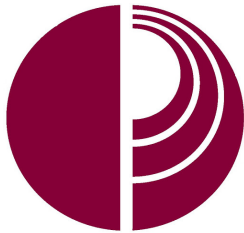
By: Lisa Denice Langford, MA Ed.

OTAC Alumni Event will be held at the Pasadena Hilton on Friday, October 17 during the OTAC Conference held October 16-19, 2014. If you are not registered for the conference, you are welcome to come out and join us for the Alumni Event. We are looking for leaders to represent each Cohort Group and BA Program at our Alumni Event. Cohort 5 already has two representatives for their cohort. Please contact me at llangford@csudh.edu if you would like to volunteer to be the representative.

Annual Student Appreciation Day with Faculty and Staff

By: Lisa Denice Langford, MA Ed.

The Department of Occupational Therapy will host the Annual Student Appreciation Day for Cohort 10 on Thursday, December 4, 2014. More information will come as we are closer to the date.



California State University Dominguez Hills
Occupational Therapy Department

1000 East Victoria, Carson, California 90747
(310)243-2726

Follow us on:

