

Psychology Major Advising Worksheet

Major Requirements – BA in Psychology (42 units)	WHEN TO TAKE	NEED	In Progress	DONE
LOWER DIVISION Requirements (9 units)				
PSY 101 General Studies Psychology: Understanding Human Behavior (3)	Freshman			
PSY 230 Elementary Statistical Analysis in Psychology (3) OR MAT 131 OR MAT 132	Freshman (late) or Sophomore			
PSY 235 Introduction to Research Methods (3)	Sophomore			
UPPER DIVISION Requirements (33 units)				
PSY 330 Behavioral Statistics & Research Design OR PSY 331 Measurement in Psychology (3 units)	Junior (early)			
Upper Division Psychology Elective (group 1): Biopsychology Choose one course (PSY 240**, 320, or 324). 3 units	Junior or Senior			
Upper Division Psychology Elective (group 2): Cognitive Choose one course (PSY 312, 322). 3 units	Junior or Senior			
Upper Division Psychology Elective (group 3): Social/Community Choose one course (PSY 306, 340, 371, 376, 380, 383, 470). 3 units	Junior or Senior			
Upper Division Psychology Elective (group 4): Developmental Choose one course (PSY 350, 351, 352, 382). 3 units	Junior or Senior			
Upper Division Psychology Elective (group 5): Individual / Abnormal Choose one course (PSY 360, 363, 368, 370, 464). 3 units	Junior or Senior			
Upper Division Psychology Elective (group 6): Choose one course (PSY 305, 314, 342, 353, 367, 372, 480, 494, 497, 498) or an additional course from groups 1-5. 3 units	Junior or Senior			
Upper Division Psychology Elective (group 7): Choose one additional course from groups 3-5. 3 units	Junior or Senior			
Advanced Research Methods “Pairs” Courses – Choose 1 pair (6 units total) PSY 411 and PSY 412 -Adv. Res. Mtds Personality & Social Psychology OR PSY 413 and PSY 414 -Adv. Res. Mtds Learning and Behavior OR PSY 415 and PSY 416 -Adv. Res. Mtds Cognitive Psychology OR PSY 417 and PSY 418 -Adv. Res. Mtds Biological Psychology OR PSY 419 and PSY 420 -Adv. Res. Mtds Forensic and Legal Psychology	Senior (early)			
PSY 490 Senior Seminar in Psychology (3)	Senior Late			

OTHER ADVICE AND HELPFUL INFORMATION:

- General advice: Take 100-level courses as freshman, 200-level sophomore, 300-level junior/senior, 400-level senior
- Some courses have prerequisites, so be mindful of them as you build your path to graduation.
- PSY 481, PSY 482, PSY 483, & PSY 486 do not count as upper division electives
- The Advanced Research Methods courses and Senior Seminar (PSY 490) are writing intense courses. Avoid taking them in the same semester, if possible. We usually recommend taking PSY 490 last, as it is a capstone course.
- This is only the list of MAJOR requirements. You also have GE requirements to fulfill.
- You must complete 120 units and have a 2.0 GPA or greater to graduate
- **Please note that if you take PSY 240, it will fulfill an “elective group” requirement, but it does not count as an upper-division course, so you will be short one upper-division unit. You must complete 40 upper-division units.

Psychology Elective Courses Expanded

Group 1: Biopsychology

PSY 320	Psychopharmacology	3 units
PSY 324	Sensation & Perception	3 units

Group 2: Cognitive

PSY 312	Theories Of Learning	3 units
PSY 322	Cognitive Psychology	3 units

Group 3: Social/Community

PSY 340	Social Psychology: Psychological Perspective	3 units
PSY 371	Forensic and Legal Psychology	3 units
PSY 376	Psychology Of Gender	3 units
PSY 380	Psychology of the Mexican American I	3 units
PSY 383	Black Psychology	3 units
PSY 470	Community Psychology: Issues and Practice	3 units

Group 4: Developmental

PSY 350	Child Psychology	3 units
PSY 351	Psychology of Adolescent Experience	3 units
PSY 352	Psychology of Adult Development and Aging	3 units
PSY 382	Psychological Development of the Black Child	3 units

Group 5: Individual Abnormal

PSY 360	Theories Of Personality	3 units
PSY 363	Abnormal Psychology	3 units
PSY 368	Human Sexuality	3 units
PSY 370	Health Psychology	3 units
PSY 464	Introduction to Clinical Psychology	3 units

Group 6 – Other (choose a course listed below OR any course in groups 1-5)

Select one additional course from Group 1-5 (above) OR from the Elective Course list below.

PSY 305	History and Systems of Psychology	3 units
PSY 314	Behavior Modification	3 units
PSY 342	Interpersonal and Group Dynamics	3 units
PSY 353	The Experience of Death and Dying: Psychological Perspectives	3 units
PSY 367	Effective Communication Skills	3 units
PSY 372	Industrial and Organizational Psychology	3 units
PSY 480	Sport Psychology	3 units
PSY 494	Independent Study	1-3 units
PSY 497	Seminar in Peer Advising	3 units
PSY 498	Directed Research	1-3 units

Group 7 – Choose an additional course from groups 3, 4, or 5